

# The Audubon Village Voice

## Audubon Clubhouse and Community News

www.theaudubonvillagevoice.com

October 2024

Issue 8

The Villages of Homestead Audubon Clubhouse is solely responsible for the clubhouse and its surrounding property



#### Dear Friends and Neighbors \_\_\_\_\_

hope that everyone has had a good summer. I am sure that many friends have taken vacations and have enjoyed quality family time. I hope so!

The children are back at school and, as usual, we are all trying to adjust and adapt to the traffic surrounding the Gateway school.

Patience is the key factor in this scenario. As always, I'm hoping for the best and praying that drivers are vigilant and observant.

South Canal drive is becoming a very busy road. I constantly see cars speeding through our neighborhood. So, please be extra careful and make sure your children are attended to as they could easily be in harms way if left alone in the front yard.

Our clubhouse manager, Larry, will resume our Friday night dinners in October. Hopefully we will see a drop in temperatures in late September.

Your suggestions for future social events are always very much appreciated.

Keep your fingers crossed as the weather reporters are predicting a very busy hurricane season. Be sure to stock up on supplies and always be prepared.

Until next month, be kind to one another! Again, a big thank you to Raul and Maria. They know why.





#### **Clubhouse Staff**

Larry Meno
Tiffany Bishop
Michelle Velez
Jennifer Greenwald
Maria Gracia

#### Hours of Operation

Sunday-Thursday 10 am-9 pm Friday-Saturday 10 am-10 pm Call for Holiday Hours

#### Contact

Phone: 305-245-3003

Email: audubonclubhouse@att.net

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## UPCOMING EVENTS



1

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ACC: The ACC handles all homeowner issues pertaining to exterior home improvements, changes that are made, as well as parking concerns. Harbor Management handles Audubon, Cluster homes and townhomes north ACC matters and they can be contacted at 305-246-5867 ACC forms can be obtained by emailing acc@harborms.com

**Villages of Homestead Overall:** Harbor Management handles common areas this includes association payments, tree cutting and grass cutting and can be contacted at:

305-246-5867

**Townhomes South:** Lakeview Management handles Town homes south concerns which includes association payments, ACC approvals, estoppels, tenant and homeowner

approvals. They can be reached at 305-255-9058

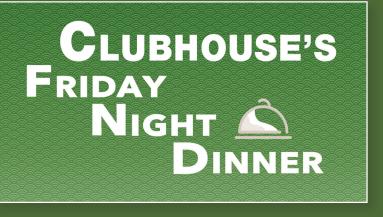
**Townhomes North:** Alton Madison handles Townhomes North concerns this includes association payments estoppels of Townhomes north.

They can be reached at **305-247-5085** 

**Audubon Clubhouse:** The Audubon Clubhouse handles all matters including the Clubhouse and its surrounding property. All other concerns can be handled through the appropriate management companies.

**Alton Madison: 305-247-5085** 





Join us at the Audubon Clubhouse every friday from 6pm to 7pm for a delightful home

cooked dinner. It's a fantastic opportunity to connect with your neighbors and enjoy good company. We hope to see you there. All residents are only \$7.00. Any questions please call us at:

305-245-3003









#### Miami Dolphins Pre-Season

October 6 Dolphins @ New England 1pm October 20 Dolphins @ Indianapolis 1pm October 27 Dolphins VS Arizonia 1pm



#### Miami Heat

October 23 Heat VS Orlando 7:30pm

October 26 Heat @ Charlotte 7pm

October 28 Heat VS Detroit 7:30pm

October 30 Heat VS New York 7:30pm



#### Miami Hurricanes

October 5 Hurricanes @ Cal TBA

October 19 Hurricanes @ Louisville TBA

October 26 Hurricanes VS Florida State TBA



#### Golf

October 3-6 Sanderson Farms Championship Country Club of Jackson- Jackson MS

October 10-13 Black Desert Championship Black Desert Resort Golf Course-Ivins, UT

October 24-27 ZOZO Championship Accordia Golf Narashino CC- Chiba, Japan



#### **NASCAR**

#### October 6 YellaWood 500

Talladega Superspeedway-Talladega, Alabama 2pm

#### October 13 Bank of America ROVAL 400

Charlotte Motor Speedway Road Course- Concord, North Carolina 2pm

#### October 20 South Point 400

Las Vegas Motor Speedway-Las Vegas Nevada 2:30pm

#### October 27 Straight Talk Wireless 400

Homestead-Miami Speedway- Homestead, Florida 2:30pm





Judy Waldman 305-216-6821





Garbage - Tuesday & Friday Recycling - See Below

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In observation of Martin Luther King Jr. Day on January 15, 2024, Juneteenth Day on June 19, 2024, Independence Day on July 4, 2024 and Christmas Day on December 25, 2024, there will be no garbage service. Calendar Indicates recycling and bulky make-up days.

RANMASE GWO FATRA

BULKY WASTE PICK-UP 305.224.4860
RECOGIDA DE RESIDUOS VOLUMINOSOS 305.224.4663

RECYCLING RECICLAJE

RESIKLAJ

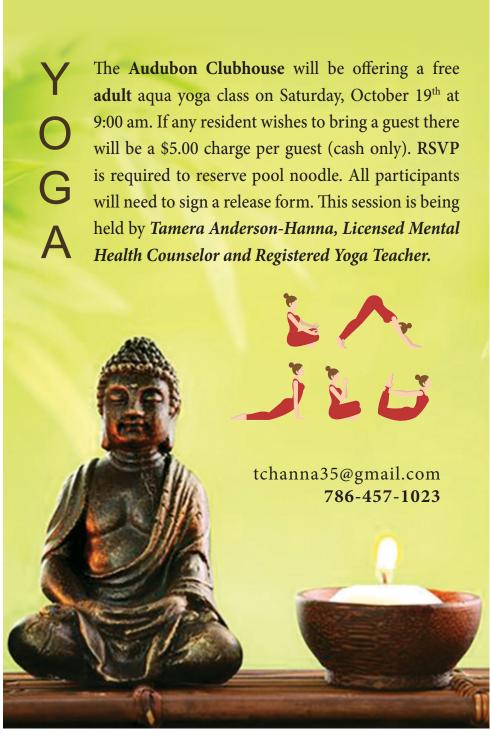
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GARBAGE PICK-UP RECOLECCIÓN DE BASURA RANMASE FATRA

# **Upcoming Events**









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popular holidays in this country, masses of little super heroes, cartoon and television characters will soon be out in their neighborhoods for trick or treat fun.

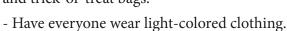
The American Red Cross has ten tips' parents can follow to help keep the kids safe while enjoying the festivities.

#### 1. Trick-or-treaters need to see and be seen.

- Use face makeup instead of masks which make seeing difficult.
- Give trick-or-treaters a flashlight to light their way.



- Add reflective tape to costumes and trick-or-treat bags.



2. Use flame-resistant costumes.

3. Make sure adults know where the kids are going. A parent or responsible adult should accompany young children door-to-door.

- 4. Be cautious around animals, especially dogs.
- 5. Walk, don't run.
- **6.** Only visit homes that have a porch light on. Accept treats at the door never go inside.
- 7. Walk only on the sidewalks, not in the street.



- If no sidewalk

is available, walk at the edge of the roadway, facing traffic.

- Look both ways before crossing the street, and cross only at the corner.
- Don't cut across yards or use alleys.
- Don't cross between parked cars.
- Drivers use extra caution. The youngsters may forget to look both ways before crossing.

# 8. A grown-up should check the goodies before eating.

- Make sure to remove loose candy, open packages and choking hazards.
- Discard any items with brand names that you are not familiar with.







# Easy Pumpkin Muffins



#### INGREDIENTS

- 1 and 3/4 cups (219g) all-purpose flour (spooned & leveled)
- 1 teaspoon baking soda
- 1 and 1/2 teaspoons ground cinnamon
- 1 and 1/2 teaspoons pumpkin pie spice\*
- 1/4 teaspoon ground ginger
- 1/2 teaspoon salt
- 1/2 cup (120ml) **vegetable oil** (or melted coconut oil)
- 1/2 cup (100g) granulated sugar
- 1/3 cup (67g) packed light or dark **brown sugar**
- 1 and 1/2 cups (340g) canned pumpkin puree (not pumpkin pie filling)
- 2 large **eggs**
- 1/4 cup (60ml) milk (dairy or nondairy)







#### INSTRUCTIONS

- 1. Preheat oven to 425°F (218°C). Spray a <u>12-count muffin</u> <u>pan</u> with nonstick spray or line with cupcake liners.
- 2. In a large bowl, whisk the flour, baking soda, cinnamon, pumpkin pie spice, ginger, and salt together until combined. Set aside.
- 3. In a medium bowl, whisk the oil, granulated sugar, brown sugar, pumpkin puree, eggs, and milk together until combined. Pour the wet ingredients into the dry ingredients, and then fold everything together gently just until combined and no flour pockets remain.
- 4. Spoon the batter into liners, filling them all the way to the top.
- 5. Bake for 5 minutes at 425°F, then, keeping the muffins in the oven, reduce the oven temperature to 350°F (177°C). Bake for an additional 16–17 minutes or until a toothpick inserted in the center comes out clean. The total time these muffins take in the oven is about 21–22 minutes, give or take. Allow the muffins to cool for 5 minutes in the muffin pan before enjoying.
- 6. Cover tightly and store at room temperature for up to 1



https://sallysbakingaddiction.com/pumpkin-muffins-recipe/#tasty-recipes-76102





As far back as recorded ancient history, man has been studying grief. As humans, we long to understand the subject – both for ourselves and others. Swiss-born psychiatrist Elisabeth Kübler-Ross created a respected model outlining five stages of grief called the Kübler-Ross model. She posits that these stages do not necessarily come in the order listed, nor are all the stages experienced by all patients, but she believes that a person will experience at least two of them. Often, people will experience several stages in a *roller coaster* effect, switching between two or more, then returning to one or more stages several times before finally working through grief.

Like Kübler-Ross, I agree that the grief process is highly personal. Grief should not be rushed nor lengthened on the basis of any one person's time frame or opinion.

Here is a brief overview of what each stage of grief looks like.

Stage 1: Denial

Stage 2: Anger

Stage 3: Bargaining

Stage 4: Depression

Stage 5: Acceptance

#### Helpful Reading:

The Book of Psalms

#### **Helpful Reminders:**

- Grief has a very broad spectrum of emotional highs and lows that can range from mild sadness to severe anguish.
  - Anger is a natural response to loss.
- Love is as strong as death. In other words, love goes beyond the grave, reaches past divorce and anything else that has separated the griever from the one they love.

#### A Helpful Thing to Do:

Learn the 5 Stages of Grief so that you are able to better understand someone who is grieving and to be able to detect the stage in which they currently dwell.

An excerpt from 'A Broken-Winged Eagle ~ Hope for Grieving Hearts' by Laura K. Dahne. To purchase your signed copy please visit:

www. Life Coaching with Laura.org



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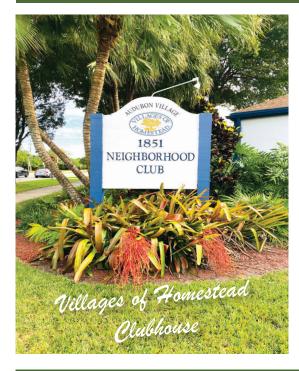
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An HOA Clubhouse can provide several benefits to our community. The Villages of Homestead was Established in 1979, The clubhouse has always been a major part of this community for decades from birthday parties to weddings, but most importantly everything has been centered around our great pool. We encourage all residents to visit are state of the art facility because creating a sense of community is indeed an essential part of the clubhouse staff's role. We are very happy to announce The Audubon Village voice newsletter will be mailed to every house in the villages once a month with information about clubhouse events along with community information. Please feel free to contact the clubhouse with ideas or things you would like to see. Audubonclubhouse@att.net or 305-245-3003

#### Miami **BOOK YOUR EVENT TODAY!** Social Events Larry Meno Meeting Rooms Clubhouse Manager Receptions 1851 South Canal Drive Quinceañeras Homestead, Fl 33035 Sporting Events Tel: 305.245.3003 Fax: 305.245.8301 Cell: 305.297.1902 like us on **facebook**. Email: Villages: Clubhouse@yahoo.com Audubon Pool

October 2024												
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
		Garbage Day	2	NO SCHOOL Teacher Planning Day	Garbage Day Bulk Pickup  Friday Dinner 6:00 pm Meatloaf	5						
6	Recycle Day	Garbage Day  Committee of the Whole Meeting at City Hall 5:30 pm	9	10	Garbage Day  Friday Dinner 6:00 pm Spaghetti	ICE CREAM SATURDAY 12:00 pm - 3:00 pm						
13	14	Garbage Day	16 City Council Meeting at City Hall 6:00 pm	17	Garbage Day Bulk Pickup  Friday Dinner 6:00 pm: Bourbon Chicken	Movie Night 19 Featuring The Adams Family 6:00 pm  Aqua Yoga 9:00 am						
20	Recycle Day	Garbage Day	23	24	Garbage Day  Friday Dinner 6:00 pm Stuffed Peppers	The Rocky Horror Picture Shadow Cast 8:00 pm at Seminole Z00 B00 at Zoo Miami 10:00 am - 3:00 pm						
27  ZOO BOO  at Zoo Miami  10:00 am - 3:00 pm	28	Garbage Day	30	Happy Halloween Clubhouse close at 5:00 pm								



