

The Audubon Village Voice

Audubon Clubhouse and Community News

www.theaudubonvillagevoice.com

November 2024

Issue 9

The Villages of Homestead Audubon Clubhouse is solely responsible for the clubhouse and its surrounding property



Dear Friends and Neighbors _____

s we enter the month of November, I find myself immersed with memories of Hurricane Andrew. My heart is breaking for those that experienced the wrath of Hurricanes Helene and Milton.

As I watched the news every morning and see the thousands of people suffering in the aftermath, I knew that Merv and I must reach out and help, the best we can.

Donations can be made through the Red Cross or through friends or churches who are willing to deliver donated items in person.

Donations should be limited to paper goods, diapers, NEW personal hygiene products for both men and women, NEW or gently used baby clothes, NEW UNDERWEAR ONLY, Children's clothing, as well as men and women's clothing. NEW socks in the packaging.

Flashlights, candles, batteries, work gloves, soap, toothbrushes, deodorant, combs, hairbrushes, shampoo, feminine care products, etc.

Bedding, towels, washcloths, and NEW cleaning supplies.

NEW dishes, pots and pans, coffee makers, paring knives, etc.

Blue plastic tarps in various sizes, rolled plastic, roofing nails, regular nails, new hand tools such as hammers Skill saws, etc. are always welcome in a disaster

Be sure to use common sense in choosing items to donate. A general rule of thumb is to purchase what you would buy for yourself. Someone there at the disaster site is probably your size and has your taste.

This will be an ongoing process, as we know so well. I know that I can depend on our beautiful

residents to help others in their time of need.

God speed,

A I TITAL



Clubhouse Staff

Larry Meno Tiffany Bishop Michelle Velez Jennifer Greenwald Maria Gracia

Hours of Operation

Sunday-Thursday 10 am-9 pm Friday-Saturday 10 am-10 pm Call for Holiday Hours

Contact

Phone: 305-245-3003

Email: audubonclubhouse@att.net

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UPCOMING EVENTS



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PS: Always a huge thank you to our precious neighbors Raul and Maria. You too, Daniela



Audubon Clubhouse and Community News



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ACC: The ACC handles all homeowner issues pertaining to exterior home improvements, changes that are made, as well as parking concerns. Harbor Management handles Audubon, Cluster homes and townhomes north ACC matters and they can be contacted at 305-246-5867 ACC forms can be obtained by emailing acc@harborms.com

Villages of Homestead Overall: Harbor Management handles common areas this includes association payments, tree cutting and grass cutting and can be contacted at:

approvals. They can be reached at **305-255-9058**

Townhomes North: Alton Madison handles Townhomes North concerns this includes association payments estoppels of Townhomes north.

They can be reached at 305-247-5085

Audubon Clubhouse: The Audubon Clubhouse handles all matters including the Clubhouse and its surrounding property. All other concerns can be handled through the appropriate management companies.

Alton Madison: 305-247-5085



HOMESTEAD

305-246-5867

Townhomes South: Lakeview Management handles Town homes south concerns which includes association payments, ACC approvals, estoppels, tenant and homeowner

CLUBHOUSE'S FRIDAY NIGHT

DINNER

Join us at the Audubon Clubhouse every friday from 6pm to 7pm for a delightful home cooked dinner. It's a fantastic opportunity to connect with your neighbors and enjoy good company. We hope to see you there. All residents are only \$7.00. Any questions please call us at :

305-245-3003







Miami Dolphins

November 3 Dolphins @ Buffalo 1:00pm November 11 Dolphins @ Los Angeles 8:15pm November 17 Dolphins VS Las Vegas 1:00pm November 24 Dolphins VS New England 1:00pm November 28 Dolphins @ Green Bay 8:20pm



Miami Heat

November 2 Heat @ Washington 9:30pm November 4 Heat VS Sacramento 8:15pm November 6 Heat @ Phoenix 9:00pm November 8 Heat @ Denver 9:00pm November 10 Heat @ Minnesota 7:00pm November 12 Heat @ Detroit 7:00pm November 15 Heat @ Indiana 7:00pm November 17 Heat @ Indiana 5:00pm November 18 Heat VS Philadelphia 7:30pm November 24 Heat VS Dallas 6:00pm November 26 Heat VS Milwaukee 7:00pm November 29 Heat VS Toronto 6:00pm



Miami Hurricanes

November 2 Hurricanes VS Duke TBA November 9 Hurricanes @ Georgia Tech TBA November 23 Hurricanes VS Wake Forest TBA November 30 Hurricanes @ Syracuse TBA



Golf

November 7-10 World Wide Technology Championship El Cardonal at Diamante- Cabo San Lucas, Mexico

November 14-17 Butterfield Bermuda Championship Port Royal Golf Course- Southampton Parish, Bermuda

November 21-24 The RSM Classic Sea Island Resort (Seaside Course)- Satin Simons Island, GA



Judy Waldman 305-216-6821

Who SEEKS Always FINDS





November 3 XFINITY 500 Martinsville Speedway-Martinsville, Virginia 2:00pm

November 10 NASCAR Cup Series Championship Phoenix Raceway- Avondale, Arizonia 3:00pm



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Upcoming Events



CHAIR YOGA

The Audubon Clubhouse will be offering a free adult chair yoga class on Saturday, November 23rd at 9:00 am. If any resident wishes to bring a guest there willbe a \$5.00 charge per guest (cash only).

All participants will need to sign a release form. This session is being held by *Tamera Anderson-Hanna*, *Licensed Mental Health Counselor and Registered Yoga Teacher*.





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Here are nine fun facts about Thanksgiving to share around the dinner table.

1. The first Thanksgiving was celebrated in 1621 over a three-day harvest festival. It included 50 Pilgrims, 90 Wampanoag Indians, and lasted three days. It is believed by historians that only five women were present.





Turkey wasn't

on the menu at the first Thanksgiving. Venison, duck, goose, oysters, lobster, eel, and fish were likely served, alongside pumpkins and cranberries (but not pumpkin pie or cranberry sauce!).

3. Abraham Lincoln proclaimed Thanksgiving a

national holiday on October 3, 1863. Sarah Josepha Hale, the woman who wrote "Mary Had A Little Lamb," convinced Lincoln to make Thanksgiving a national holiday after writing letters for 17 years.

The history of U.S. presidents pardoning turkeys is patchy. Harry Truman is often credited with being the first president to pardon a turkey, but that's not quite true.



5. There are four towns in the United States named "Turkey." They can be found in Arizona, Texas, Louisiana, and North Carolina.

He was the first to receive a ceremonial turkey from the National

4,500 CAL

roelamation "The year that is drawing toward its clos has been filled with the blessings of fruitful fields and healthful skies. To thes bounties, which are so constantly enjoy that we are prone to forget the source from which they come, others have been added which are of so extraordinary a nature that they can not fail to penetrate and soften even the heart which is habitually insensible to the ever-watchful

providence of Almighty God." ~ President Abraham Lincoln Thanksgiving Proclamation 1863

Turkey Federation - and he had it for dinner. John F. Kennedy was the first to let a Thanksgiving turkey go, followed by Richard Nixon who sent his turkey to a petting zoo. George H.W. Bush is the president who formalized the turkey pardoning tradition in 1989.





Lasagna Soup

This delectable lasagna soup recipe is an easy way to enjoy all the comfort of lasagna with minimal work. It's saucy, cozy, and family-loved!

Prep Time: 15minutes mins **Cook Time: 30minutes mins Total time: 45minutes mins**



INGREDIENTS

This amount yields 12 cups

- 1-2 tablespoons Olive Oil, or preferred oil
- 1 pound Ground Beef

•

- 1 large Onion, diced •
- 4 cloves Garlic, minced
- 1 (15-ounce can) Diced Tomatoes, don't drain
- 1 (15-ounce can) Tomato Sauce, or tomato puree
- 3 ounces Tomato Paste, same as ¹/₄ cup
- 4 cups Chicken Broth •
- 1-2 cups Water, or more as needed to adjust broth
- 1 tablespoon Italian Seasoning .
- 1 teaspoon Sea Salt, or more as needed to adjust flavor
- Black Pepper, to taste
- 8 ounces Bowtie Pasta (uncooked), *see footnote

Suggested toppings: You can measure these with your

- ¹/₂ cup Ricotta Cheese
- 2 ounces Mozzarella Cheese, shredded (about 1/2 cup) •
- ¹/₄ cup Parmesan Cheese, shaved, shredded, or fresh grated
- ¹/₄ cup Fresh Parsley, chopped



INSTRUCTIONS

- 1. Heat 4.5-quart soup pot over medium-high heat. Add OLIVE OIL and heat until simmering.
- 2. Add GROUND BEEF, ONIONS, and GARLIC. Sauté until the beef is cooked through, stirring as needed. Drain excess fat, if needed.

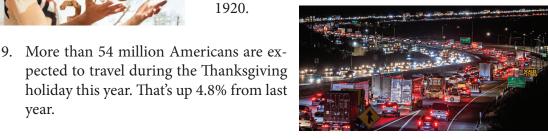


- The average number of calories consumed on Thanksgiving is 4,500.
- Butterball answers more than 100,000 7. turkey-cooking questions via their Butterball Turkey Hotline each November and December.

1920.



- The tradition of football on Thanksgiving began in 1876 with a game between Yale and Princeton. The first NFL games were played on Thanksgiving in



- 3. Stir in TOMATOES, TOMATO SAUCE, TOMATO PASTE, BROTH, ITALIAN SEASONING, SALT, PEPPER, and PAS-TA NOODLES.
- Increase heat to HIGH and bring the soup to a boil. 4.
- 5. Reduce heat to a medium simmer and cook soup for 10 to 15 minutes until pasta is cooked to your liking, stirring as needed to prevent the pasta sticking together. During this process, add water in small amounts to adjust broth consistency to your liking.
- 6. Serving options: 1) Add the RICOTTA, MOZZARELLA, PARMESAN, to the whole soup; or 2) Serve the cheeses on the side and add it to individual servings. Garnish with FRESH PARSLEY.
- To store: Cool completely and refrigerate in an airtight con-7. tainer up to 5 days or up to 90 days in the freezer (or more if vacuum sealed).

To reheat: Add more water or broth as desired because the noodles will have absorbed much of the broth.

https://thekitchengirl.com/lasagna-soup/

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year.



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HELPFUL DO'S AND EQUALLY HELPFUL DON'TS

PART 6 OF 6

If not showing up for a grieving person is the wrong answer, what then is the correct answer? If staying away isn't an option, then what do we say and do when we finally do show up? Fair question. Below are the shared thoughts of people who are either in a time of loss or who have come through grief and want to share what they learned on that journey.

- "DO call often."
- "DO leave simple messages that let me know that you are praying and are willing to step in and help me tackle anything that might need to be done."
- "DO offer to write thank you notes to the people who reached out."
- "DO go to the funeral even if you hate funerals."
- **"DO** offer to cook meals or go grocery shopping. Better yet, just show up with groceries. Just show up with a hot meal. To a grieving person, these tasks can feel overwhelming."
- "DO be the one to reach out to me. It's not reasonable to expect that I will reach out to you or ask for your help."
- **"DO** know that when you continually call or email or visit me I learn to trust you with my pain. When I see that you can be trusted, you earn the right to speak into my life."
- "DO understand that there are different levels of loss. Yes, all loss is painful, but the more tragic the circumstances, the more devastating the grief is."
- **"DO** know that time passes by so slowly for me right now. When you show that you care about me, pray with me, and seem to genuinely feel my pain, it makes a big difference."
- "DO let me cry and show my emotions without my feeling judged by you."
- **"DO** include me in things you are doing. I always appreciate being asked, even if I oftentimes say no to the invitation. When you ask, I feel loved and included."
- **"DO** gently share with me if you have been through similar circumstances and loss that I'm going through right now. It makes me feel like I'm not alone. But in doing so, please don't give me so many gory details of your own loss that I feel that I have to be the one to now comfort you. Please don't minimize my pain by highlighting yours."
- "**DO** ask me questions that encourage me to talk. I like when you ask me, 'Do you feel like talking?' or when you say to me, 'You seem like you're having a tough day today."
- "DO tell me you are proud of me, especially as you see me trying so hard to move on."

What Not To Do:

- "DON'T imagine that just quoting scripture to me will make me feel better. Truthfully, the very act of grieving makes it hard for me to receive anything other than physical comfort from anyone right now
- "DON'T force me to confront someone or something that I'm not yet ready to confront. This only causes me additional stress and trauma. Although you may mean well, it makes me feel as if I can't trust you.
- **"DON'T** expect me to figure it all out right away. Understanding takes time. Some circumstances are just too big to unfold in my mind. Some events are too traumatic for me to grasp right away and may take me a long time to be able to unravel emotionally."
- "DON'T tell me that my loved one is in a better place or anything like that. All I know is that I want them here with me."

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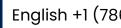
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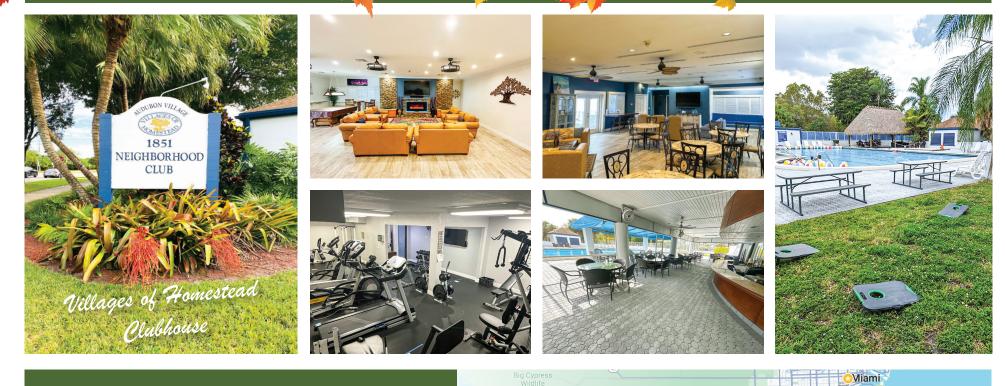
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An HOA Clubhouse can provide several benefits to our community. The Villages of Homestead was Established in 1979, The clubhouse has always been a major part of this community for decades from birthday parties to weddings, but most importantly everything has been centered around our great pool. We encourage all residents to visit are state of the art facility because creating a sense of community is indeed an essential part of the clubhouse staff's role. We are very happy to announce The Audubon Village voice newsletter will be mailed to every house in the villages once a month with information about clubhouse events along with community information. Please feel free to contact the clubhouse with ideas or things you would like to see. Audubonclubhouse@att.net or 305-245-3003



NOVEMBER 2024							
Sunda	ay	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Garbage Day Bulk Pickup Friday Dinner 6:00 pm Chicken & Dumplings	An Evening of Jazz 2 Delight 6:00 pm at Seminole Theater ZOO Run at Zoo Miami
Daylight Savings Tim	3 e	Recycle Day	5 Garbage Day No School	6	7	Friday Dinner 6:00 pm Cranberry Orange Pork	6:30 am 9 ICE CREAM CONE SATURDAY 12:00 pm - 3:00 pm
	10	11 No School	12 Garbage Day Committee of the Whole Meeting at City Hall 5:30 pm	13	14	15 Garbage Day Bulk Pickup Friday Dinner 6:00 pm: Pot Roast	Movie Night 16 Featuring Beetlejuice 6:00 pm
	17	18 Recycle Day	19 Garbage Day	20 City Council Meeting at City Hall 6:00 pm	21	22 Garbage Day Friday Dinner 6:00 pm THANKSGIVING	23 Chair Yoga 9:00 am
	24	25 Thanksgiving Break Begins No School	26 Garbage Day No School	27 No School	28 Happy Thanksgiving Clubhouse CLOSED No School	29 Garbage Day Bulk Pickup No Friday Dinner No School	30 No School



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All meetings are subject to change please call appropriate management companies for updated meeting dates.